

## Valerie Stewart Info and Supply List:

Here are the supplies that can be ordered to be picked up at the seminar: Oh, and all VS seminar participants get a 10% discount if you order the supplies from me before the seminar. If you wait to purchase them at the seminar, they will be full price. A 7% sales tax will be added to all supplies purchased.

	RETAIL	DISCOUNT
Valerie's Colors Paint Set	55.00	(49.50)
Regular Brush Set	29.50	(26.55)
Premium Brush Set	37.50	(33.75)
1 Hour demo dvd	19.95	(17.96)
8 Hour technique dvd set	199.00	(179.10)
10 dvd Pet Portrait Set	167.00	(150.30)
KopyKake Projector	225.00	(202.50)

**Photos:** Make sure you have a good photo. If you have a particular expression, smile, etc. that you want in the portrait be sure that it is in the photos. **GOOD CLOSE-UP PHOTOS are best for an ACCURATE PORTRAIT!** Using your photo editor, reproduce your photo in Black & White to help you see the shadows and highlights in the underpainting. Print out an 8X10 Color for reference, an 8X10 Black & White for reference, and a 4X6 Color for use in the projector and bring them to the workshop.

### Some tips to keep in mind when taking or choosing a photo:

1. Get as CLOSE as possible without blurring the image.
2. Focus on your subject's FACE, head, shoulders.
3. Take the photos OUTDOORS in good natural light (a bright overcast day works best).
4. The best clothing is simple, not ornate and try to keep the background LIGHT or uncomplicated.
6. Take photos from SEVERAL ANGLES or different poses and try getting a natural shot, not a pose.

**Canvas Preparation:** You need to prep or basecoat two (2) 16 X 20 stretched canvases (one person on each) or (1) 18 X 24 stretched canvas (with 2 faces on it). Valerie prefers **Fredrix Red Label, Medium Textured** (not smooth – you want the tooth), These are to be prepped with a mixture of Terra Cotta and Gesso and, when dry, the subject traced LIGHTLY onto the canvas with pencil using a projector. (*If you don't have a projector, you may bring your dry, prepped canvas, and Valerie will show you how to transfer photos at the start of the seminar*). **NOTE: I've found that using a burnt umber or raw umber watercolor pencil is better than a regular graphite pencil.**

**Gesso/Acrylic Mixture:** Mix up a "light" mixture of Acrylic Terra Cotta craft paint (like Delta Ceramcoat or Plaid's Folk Art) and white Gesso to give the canvas a fleshy color. **Remember LIGHT fleshtone.** Paint your canvas using a sponge brush or sponge painter, stroking first horizontal strokes, and then vertical strokes, until the canvas is smooth. This will fill in the nooks and crannies in the canvas. When dry, you can lightly sand with a piece of brown paper bag (no lettering on the bag) and give the canvases another coat. Let dry completely before you project the image onto the canvas.

**Projecting the image:** The best projector for this type of work is the Kopy Kake.

Set up the projector to be sure that it is sitting flat and not at a slant and the canvas is flat or straight up and down. (Kopy Kake model 300XK has an extension so that it will sit higher to make larger images. I will try to have some available for sale at the workshop. You can also remove the projector head from the base and sit it on some books to project against the wall or a canvas taped to the wall.) The closer the

projector is to the canvas, the smaller your image will project. The further away, the larger it will project. When you change the distance between the projector and the canvas, remember to focus the lens again.

Now, the rules of projecting:

1. Place the top of the person's head 3 inches from the top of the canvas on a standard "bust" portrait.
2. The nose should not be lower than halfway down on the canvas.
3. Do not make the subject larger than life.

In a dark room, project your image onto the canvas until you get it exactly where you want it. Trace the outline of the head, hair and facial features LIGHTLY with a pencil (preferably a raw or burnt umber watercolor pencil). Trace shoulders, arms and any features on the clothing. If person is wearing \*glasses, or a necklace, trace the elements you want in the portrait.

**Supply List:** All paints and mediums and odorless turpentine will be supplied. The studio has small metal table top easels for your use, but you may want to bring your own portable easel that you are comfortable painting with. Wear old paint clothes or bring a paint smock.

Please bring:

Viva paper towels  
12 X 16 Palette paper  
Pen/Pencil & Notepad

Q-tips  
Masking Tape  
Small covered container for medium

Optional: Covered palette box (like Masterson or even Tupperware container with lid)  
Purell or Awesome (to get paint out of your clothes)

**Brushes:** Valerie prefers white nylon brushes - not the very soft ones - Loew Cornell white flat nylon in sizes 1,2,4,6,8 are good brushes to use. You can also bring other favorite brushes that you have. You might need a soft brush, like a mop or a Hake brush. Again, bring what you have. If you have ordered a set of Valerie's brushes, you don't need to bring much else, except the mop or Hake brush and a LINER. The set does not include one. (I will have some liners available for purchase at the studio).

**Cameras:** - Cameras will be allowed but before you take photos of other artists work, please ask their permission. It is helpful once you get back home to look back on your work. If you take photos at different times and areas of your portraits, it will help to refresh your memory. Photos can be taken as long as the class is not disturbed by your picture taking.

You might want to bring a couple of canvas carriers to get your portraits home without incident. And, bring water bottles, lunch, snacks, etc. There are restaurants nearby, but my experience is that students tend to want to eat in the studio and continue to paint. The studio has a full kitchen. We will try to have coffee available during the day. By the way, the seminar will be held in a vacation home in the Orange Tree development in Clermont. It's in S. Clermont, just off SR 27, about 3 miles north of 192. If you need directions, please contact me at 352 241-6407 or [alckathyc@juno.com](mailto:alckathyc@juno.com)